Dance Instructions for the 2015 Victory Ball

Bang Up (duple minor) 24 measures in 6/8

- 8 Is pass R, turn single R, pass back R, turn single R
- 8 Is down middle and back, cast to 2nd place (2s dance up)
- 8 Is and 2s four changes of a circular hey

Bruce Castle Cotillon

(cotillion)

48 measures in 4/4

First change:

16 Whole set dance full circle right, and back left

Figures:

- 4 Head couples join hands and pousette backwards and forwards, man pushing to start
- 4 Head couples promenade across set (clockwise, ladies passing R) to exchange places
- 4 Head couples join hands and pousette backwards and forwards, man pushing to start
- 4 Head couples promenade across set (clockwise, ladies passing R) to exchange places
- 4 Side couples join hands and pousette backwards and forwards, man pushing to start
- 4 Side couples promenade across set (clockwise, ladies passing R) to exchange places
- 4 Side couples join hands and pousette backwards and forwards, man pushing to start

4 Side couples promenade across set (clockwise, ladies passing R) to exchange places

Second change:

Ladies circle (Ladies join hands inside set as they circle R, then back L)

Figures (same as above in 32 measures)

Third change:

Men's circle (Men join hands inside set as they circle L, then back R)

Figures (same as above in 32 measures)

Comical Fellow

(duple minor) 40 measures in 6/8

- 8 1st man set advancing to 2nd lady, retire four steps, 2H turn
- 8 1st lady set advancing to 2nd man, retire four steps, 2H turn
- 8 ls down middle and back cast (2s lead up)
- 4 All clap 4 times (to music), partners 2H turn ½ way
- 8 Circle L, circle R
- 4 All clap 4 times (to music), partners 2H turn ½ way

Dover Pier (duple minor) 32 measures in 2/4

- 8 Partners set twice, RH across ½ way
- 8 Partners set twice, LH across ½ way
- 8 ls cross & cast, 2H turn proper
- 8 Is and 2s four changes R & L

Duke of Kent's Waltz

(duple minor)

32 measures in 3/4

- 8 Is and 2s RH across, LH across back
- ls chasse twice down middle, chasse twice back up, long cast to 2nd place (2s dance up)
- 8 Partners RH balance, turn lady under, partners LH balance, turn lady under
- 8 RH turn R diagonal, LH turn partner

Madm. Buonaparte's Waltz

(duple minor)

48 measures in 3/8

- 8 1s and 2s RH across
- 8 ls and 2s LH across
- 2 ls cast, 2s up
- 6 ls and 2s Circle L
- 8 ls RH turn
- Pousette counter-clockwise (this can be done traditionally, or with drawing for two measures, 2H turn on the side of the set for four measures and drawing another two measures to get halfway, then continue with the same timing the rest of the way round)

- 8 Is set to 2nd woman, circle three hands round
- 8 Is set to 2nd man, circle three hands round
- 8 Is down middle and back cast (2s dance up)
- 8 Is and 2s four changes R & L

New Rigg'd Ship

(triple major) 32 measures in 6/8

- 8 All 3 couples RH turn partner, LH turn partner
- Is down and back dance through 2nd place, 1st man casting down between men to form line of three facing up with 3rd couple, 1st casting up between ladies to form line of three facing down with 2nd couple
 - 2 Lines set, facing up and down
- 4 lst couple pass right as they each go out set on own side (lst man between men, lst lady between ladies) and cast down into 3rd place,

 3s leading up
 - 2 Lines set, facing partner
 - 8 Hands 6 round and back

Off She Goes

(duple minor)

32 measures in 6/8

- 8 Is cast down and go along outside of set, return home
- 8 Is down middle and back cast (2s lead up)
- 8 Circle L, circle R
- 8 Is and 2s four changes circular hey

Ramsgate Assembly

(triple major) 48 measures in 3/4

- 8 Is and 2s set R & L twice; two changes R & L (end facing neighbor)
- 8 All set R & L twice facing person above or below; two changes R & L beginning with neighbor
- 8 Is down middle and back cast to 2nd place (2s lead up)
- 8 All balance R and cross over as man turns lady under; all balance L and cross over as man turns lady under
- 4 Is RH turn first corner (for 1st man this is 3rd lady, for 1st lady, 2nd man)
 - 4 Is LH turn partner in center of set
 - 4 ls RH turn second corner (for 1st man, 2nd lady, for 1st lady, 3rd man)
 - 4 Is LH turn partner while traveling down set into 3^{rd} place while 3s cast up to 2^{nd} place

Sir Roger de Coverley

(longways sets for 4, 5, or 6 couples) slipjig in 9/8

While many versions of good Sir Roger exist, this version can be thought of in three simple sections of figures. The first portion of the dance is a series of figures done between the first man and last lady within each set, followed by the first lady and last man of each set. These are referred to as first "diagonal ends," and second "diagonal ends" respectively.

1st diagonal ends advance and retire; 2nd diagonal ends advance and retire

1st diagonal ends RH turn; 2nd diagonal ends RH turn

 1^{st} diagonal ends LH turn; 2^{nd} diagonal ends LH turn

1st diagonal ends 2H turn; 2nd diagonal ends 2H turn

1st diagonal ends back-to-back; 2nd diagonal ends back-to-back

 l^{st} couple lace down the set (This means l^{st} couple arm R with each l^{t} 2 times to begin, which faces them towards the line of the opposite gender. l^{st} couple then alternates arm L with each successive person down the line of opposite gender and arm R with partner, until they reach the bottom of the set, ending with arm R with partner to come to their own side of the set.)

lst couple promenade to the top of the set, then cast off on their own side followed by the line of dancers on their side of the set. 1st couple stops at the bottom of the set and forms an arch, through which all other couples pass on their way up to progressed position (each couple will have moved up one place, with 1st couple now at the bottom of the set)

Sprigs of Laurel

(duple minor)

32 measures in 2/4

- 8 Partners set twice, RH across
- 8 Partners set twice, LH across
- 8 Is down and back dance into 2nd place, 2s leading up
- 8 RH turn partner, LH partner

Tars of the Victory

(triple minor) 32 measures in 6/8

- 8 Ist lady casts, followed by 1st man chasing, all the way around 3rd couple back home
- 8 Ist man casts, followed by 1st lady chasing, all the way around 3rd couple back home
- 8 lst couple leads 2nd and 3rd couple in full promenade back home
- 8 Is and 2s pousette 1 1/2 times

The Sailor's Reprieve (duple minor) 32 measures in 6/8 8 1st lady RH turn 2nd man, then LH turn 2nd lady 8 1st man RH turn 2nd lady, then LH turn 2nd man 8 1s cross & cast, 2H turn proper 8 1s and 2s RH across, LH across back The Way to be Happy (duple minor) 32 measures in 6/8

- 8 RH across, LH across back
- 8 Circle L, circle R
- 8 Is down middle and back cast (2s lead up)
- 8 Is and 2s four changes R & L